

# Fargo VA Health Care System



PSYCHOLOGY  
PRACTICUM

Applications Due: January 20, 2023  
Website Updated: October 2022

Dear Applicant,

We are thrilled you have taken an interest in the psychology practicum program at the Fargo VA Health Care System. We know that fit is an important consideration when choosing a practicum placement. With this in mind, we have assembled this brochure to help you establish if the Fargo VA is a right fit for you.

We pride ourselves on our commitment to training, our ability to flexibly tailor each student's unique training experience, our respect and commitment to diversity and inclusion, and our passion for teaching and supervision. Over the years, we have also been known for our innovative and exceptional telehealth program, of which practicum students are able to obtain experience.

As you will see below, practicum students at the Fargo VA are able to create an expansive and dynamic training experience tailored specifically to unique training goals and interests. As one of the largest medical centers in the Fargo-Moorhead area, our hospital is large enough that each student has opportunities to work with diverse departments, yet small enough that our students report feeling like they are part of each interdisciplinary team whom they consult.

If any questions come up as you read this brochure, don't hesitate to let us know. We would love to get the chance to answer your questions and to help you decide if our program might be right for you. We realize that there are still some uncertainties associated with COVID-19 pandemic. Our current practicum students are training on-site, doing both in-person and virtual visits. We can assure you that our commitment to ensuring exceptional training, tailored toward your training goals and interest, will always be at the forefront.

Best wishes as you begin your studentship journey!

Sincerely,



**Jessica Dathe, Ph.D., L.P.**  
Director of Training, Psychology  
Phone: 1-800-410-9723 ext. 3125  
[Jessica.Dathe@va.gov](mailto:Jessica.Dathe@va.gov)



**Samantha Tupy, Ph.D., L.P.**  
Assistant Director of Training, Psychology  
Phone: 1-800-410-9723 ext. 4418  
[Samantha.Tupy@va.gov](mailto:Samantha.Tupy@va.gov)

## PSYCHOLOGY SETTING



*Fargo VA Healing Garden*

The Fargo VA Health Care System (HCS) is a Joint Commission accredited medical/surgical center with 26 acute care beds, a 38 bed Community Living Center, Primary Care and Specialty Clinics, and 10 Community Based Outpatient Clinics (CBOCs), serving over 34,000 Veterans in North Dakota and northwest Minnesota. North Dakota CBOCs are located in Grand Forks, Bismarck, Dickinson, Grafton, Jamestown, Minot, Devils Lake, and Williston. Minnesota CBOCs are located in Bemidji and Fergus Falls. The Fargo VA HCS provides primary and secondary medical, surgical, psychiatric inpatient care, primary and specialized outpatient care, and rehabilitative care. The Fargo VA HCS maintains an active research program and is affiliated with the University of North Dakota School of Medicine and Health Sciences, providing training to medical students and Internal Medicine, Psychiatry, and Surgery Resident physicians. The Fargo VA HCS is also a training facility for nursing and allied health care students.



Minot CBOC



Grand Forks CBOC

There were over 176 mental health inpatient admissions and over 30,300 outpatient visits in Fiscal Year 2021. The majority of Veterans served by the Fargo VA HCS and surrounding CBOC's reside in rural or highly rural areas. We are committed to providing quality, innovative services to our Veterans in rural communities. Psychology has greatly expanded tele-medicine services, including group therapies via tele-medicine. Assessment, therapy, and consultation services are also available to those in rural communities via Home Based Primary Care up to a distance of 50 miles from Fargo. Additionally, some CBOC sites have a Mental Health social worker and all provide Telehealth options.



Psychology Service is integrated within the Mental Health Service Line, which also consists of Psychiatry, Pharmacy, Social Work, Nursing, Substance Abuse Treatment Program, Compensated Work Therapy, and Peer Support. Psychology Service includes 15 Licensed Psychologists and two Psychology Residents. A number of our full-time staff were hired following their studentship at the Fargo VA. Psychologists have diverse theoretical orientations, clinical specialties, and interests. Several Psychologists specialize in co-occurring PTSD and Substance Use, LGBTQ and diverse identities, Health Psychology, and Home Based Primary Care. They also serve on the PTSD Clinical Team, Substance Abuse Treatment Program, Social Work Service, Pain Management Committee, Primary Care Mental Health Clinic, and the Specialty Mental Health Clinic. Psychologists also complete compensation and pension examinations and Psychology services are highly valued across the Center. Staff participate on committees in their respective areas of interest. Psychologists enjoy a very supportive and enjoyable work environment; and typically report much satisfaction with their VA careers.



Ongoing training is a priority. In-house training is consistently provided on a range of topics (i.e., ethics, updated and innovative assessments, evidenced based therapies, cultural diversity). Psychologists frequently attend national and regional trainings and conferences related to their individual areas of interest. Many of the staff within the Mental Health Service Line have attended national VA trainings in evidenced based care, and are formally certified in a variety of modalities (i.e. Prolonged Exposure and Cognitive Processing Therapy for PTSD, Cognitive Behavioral Therapy for Depression, Motivational Interviewing, Modified Problem-Solving Therapy, Cognitive Behavior Therapy for Chronic Pain, Interpersonal Psychotherapy for Depression, Integrative Behavior Couple's Therapy, Acceptance and Commitment Therapy). Psychologists participate in monthly conference calls addressing the successful utilization of empirically supported treatments, continually review current literature, and subsequently disseminate findings to other staff members. Psychology staff have presented for Psychiatry Grand Rounds on topics such as the Recovery Treatment Model, Evidence-Based Therapies for PTSD, Treatment of OIF/OEF Veterans, and PTSD and Substance Use. They are also very involved in Diversity Education, including staff having a large role in our VA's Diversity Committee.

## TRAINING SCHEDULE

During orientation weeks, typically in early/mid June, student(s) will meet with the Training Directors to plan their training schedule for the upcoming year. Students are typically on-site two days/week, one day being dedication to intervention, and the other to assessment. Students are able to select experiences from the following areas:

### THE MENTAL HEALTH CLINIC (GENERAL PSYCHIATRY)

The Mental Health Clinic is a large outpatient program consisting of psychiatrists, addiction counselors, pharmacists, nurses, nurse practitioners, social workers, psychology technician, peer support specialists, psychologists, vocational development specialists, and other trainees. Referrals are received from primary care, neurology, dementia care clinic, vocational rehabilitation, and various other entities throughout the VA system. The Clinic provides students an opportunity to work within an interdisciplinary outpatient setting, and offers excellent telehealth opportunities. Clients are treated for a wide variety of diagnoses, including mood, anxiety, psychotic, personality, and adjustment disorders. A large percentage of clients also present with substance abuse disorders, allowing for experience in treating dual diagnoses. The outpatient clinic provides excellent opportunities for training in a variety of psychological models. Both long-term and brief psychotherapy interventions are utilized in individual therapy and group therapy treatment formats, which are primarily all offered via tele-modalities. Options for telehealth groups, via CVT to home technology are available, as is individual telehealth via CVT to home sessions. Students have the opportunity to receive specialized training in a variety of evidenced based therapies, such as individual Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Dialectical Behavior Therapy. Opportunities to co-lead a variety of groups are also available (e.g., Acceptance and Commitment Therapy for Problem Anger Group, Mindfulness Group, and a modified DBT Group). These groups are all being facilitated via CVT to home at this time.

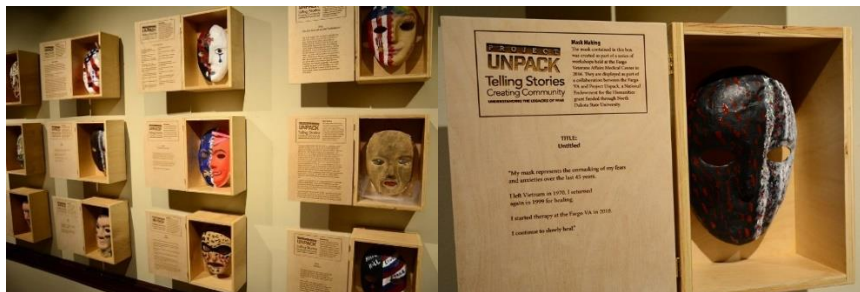
**Evidence-Based Treatments.**



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## THE POSTTRAUMATIC STRESS RECOVERY (PTSR) PROGRAM

The PTSD Clinical Team is located within Mental Health Services and is the main treatment location for clients with posttraumatic stress disorder or subclinical anxiety symptoms secondary to traumatic life events. This program treats a full range of both civilian and military traumatic events. The most common traumatic events experienced include combat-related life-threatening situations, sexual trauma, natural disasters, car accidents and/or situations experienced by first responders. Interns in this program would receive specialized training in the assessment and treatment of patients with acute and chronic trauma-related disorders. Through clinical experience and supervision, students can expect to develop a comprehensive understanding of the sequelae of trauma and evidence-based treatment approaches for trauma-related disorders. The majority of clients are seen initially for an orientation to treatment session designed to provide education on available treatment options and triage clients into the most appropriate service. Skills developed on this rotation include: time-limited psychotherapy with emphasis in Cognitive Processing Therapy or Prolonged Exposure, co-leading groups, and diagnosis and assessment of PTSD [including Clinician Administered PTSD Scale for DSM-5 (CAPS-5) training], and consultation to a team that includes those from other disciplines (i.e., Social Work, Chaplaincy, Psychiatry).



*Photos from a recent Fargo VA Masking Making Event and Display, of which former students report greatly valuing opportunities to participate and assist*

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## HIGHLY RURAL MENTAL HEALTH

Trainees have an opportunity to provide services (i.e., assessment and intervention) to Veterans residing in rural areas that may otherwise not have access to Psychology services. Students would also be involved with providing empirically supported treatments as part of our highly successful telepsychology programming, which includes both individual and group therapies. Students would also gain significant experience in the Clinical Video Telehealth (CVT) to home, providing TeleMental health services to Veterans in highly rural communities that would otherwise be unable to obtain services at the main facility or CBOC's due to rural residence.



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## BEHAVIORAL HEALTH AND MENTAL HEALTH PRIMARY CARE

Students have the opportunity to take part in leading empirically based treatment on topics such as sleep, pain, and weight management. Students also have the opportunity to with multidisciplinary Patient Aligned Care Team (PACT) within primary care.

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## INPATIENT CONSULTATION AND EXTENDED CARE

Psychology students may attend multidisciplinary treatment teams focusing on the psychiatric inpatient care of patients with serious mental illness, chronic substance abuse, dementia-related conditions, chronic and acute suicidal risk, and a full range of psychiatric disorders.



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## GEROPSYCHOLOGY

Students may receive additional experience treating older adults and working with their families. Training experiences would include the completion of comprehensive assessments with older adults examining psychiatric, behavioral, and psychosocial concerns; psychological intervention; and consultation within treatment teams.

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## SUBSTANCE ABUSE TREATMENT PROGRAM

The Substance Abuse Treatment Program (SATP) offers evaluations, individual therapy, continuing care, and intensive outpatient treatment. Students would be offered an opportunity to provide assessment and intervention services to those with substance use concerns, as well as provide consultation to SATP staff. These services are also currently being offered via telehealth at this time.

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## HOMELESSNESS

The Fargo VA has received national recognition for its outstanding homeless program that facilitates Veterans' access to community resources in order to obtain permanent community-based housing. The program offers case management services and assists homeless Veterans in obtaining food, clothing, shelter, transportation, safety, ID cards and medical care. Students are able to participate in programming, provide psychotherapy, and provide consultation to staff.

## ADDITIONAL TRAINING ACTIVITIES

THE FOLLOWING IS A SAMPLE OF ADDITIONAL TRAINING ACTIVITIES THAT MAY BE AVAILABLE:

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### WEEKLY DIDACTIC TRAININGS

Didactic trainings are available to assist in expanding students' knowledge of assessment, intervention, consultation and ethical/diversity issues. Trainings emphasize evidenced based care. As an example, students may receive training on Evidenced Based Assessment, Prolonged Exposure Therapy for PTSD, Seeking Safety protocol for Co-occurring Trauma, Acceptance and Commitment Therapy, and a number of diversity related topics.

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### INDIVIDUAL, GROUP, AND PEER SUPERVISION

Students receive one hour individual supervision with their primary supervisor at minimum, as well as may attend group supervision with the Assessment Clinic Supervisor, Training Director, and Research Supervisor when on site.

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### GRAND ROUNDS SEMINARS

Didactic training will also be facilitated via our medical affiliation with The University of North Dakota's Medical School Psychiatry Grand Rounds. Students can attend relevant mental health grand rounds presentations, which feature a number of locally recognized providers that present on research, intervention, assessment, and other professional issues. These are currently offered via teleconference.

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### DIVERSITY AND ETHICS EXPERIENCES

Diversity and cultural sensitivity will be continually addressed via culturally competent supervision, in conjunction with didactic trainings. Awareness of and sensitivity to cultural and diversity issues, as well as ethical matters, will be a focus throughout training. If interested, students also have the opportunity to observe a Transgender Skills and Support Group.





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## INTERDISCIPLINARY TREATMENT TEAM MEETINGS

The Fargo VA utilizes an interdisciplinary treatment team model approach to care. Treatment teams are responsible for a large panel of patients and meet several times per week to better coordinate clinical care. Disciplines present include psychiatrists, nurses, social workers, homeless program and substance abuse program liaisons, peer support specialists, pharmacists, psychologists, and trainees from other disciplines. All students will be assigned to treatment teams to develop and refine strong consultation skills.

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## SUICIDE PREVENTION

The Fargo VA has an exceptional Suicide Prevention Program Team, offering tremendous opportunities for education, outreach, and trainings on comprehensive suicide risk assessment and safety planning. Students will have opportunities to attend related trainings and consult with the team as appropriate/needed.

## TRAINING TERM AND APPLYING

### FARGO VA PRACTICUM STRUCTURE

Practicum training at the Fargo VA Medical Center typically starts in June for those interested in summer practicum hours, if available as an option via the Medical Center. Initial agreements are made through December of the same year. If both supervisor and practicum student agree, the practicum continues through the end of the academic year. In terms of hours, practicum students need to dedicate 2 days to on-site practicum training.

Although graduate programs often desire students to complete either an "assessment" or an "intervention" practicum, we consider ourselves a generalist training site, and as such, both assessment and intervention experiences are included.

Training experiences are scheduled based on students' interests and experience. We request that applicants have had at least one year of practicum experience during graduate training.

## APPLICATION PROCESS

Applications for practicum training beginning in June 2023 are accepted starting the beginning of January (deadline is January 20<sup>th</sup>, 2023). Electronic submission of applications to [Jessica.Dathe@va.gov](mailto:Jessica.Dathe@va.gov) is preferred. Please follow the sequence listed below:

1. Complete the Fargo VAMC Psychology practicum application on page 12-13 (you can cut and paste into a word document for ease of completion). Please submit the application and a vita or résumé to the Fargo VA by emailing [Jessica.Dathe@va.gov](mailto:Jessica.Dathe@va.gov).
2. Submission of a letter of recommendation describing your readiness for practicum by a clinical supervisor or, if there has been no previous clinical training, by a faculty member that is familiar with your academic work. Additional federal employment forms and processes may be required even for trainees who serve without compensation (WOC).
3. Submission of a de-identified progress note and psychology assessment work sample.

4. Applications are reviewed by supervisory staff and selected applicants are invited for interviews. Invitations for interviews will be extended in early February.
5. All applicants not selected to be interviewed will be notified by e-mail no later than March.
6. The remaining applicants, whether selected or not selected, will be notified by e-mail in March as well.
7. At least three week before the start of the practicum, students will need to:

Review, sign and return the following list of documents in order to obtain access to the hospitals computer network and computerized patient records. Applicants who are not US citizens are eligible to apply for practicum. However, if such students are selected, a waiver must be approved by the Medical Center Director before final approval. Historically, the Director has signed such waivers, but there can be no pre-guarantee of a waiver for non-citizens prior to application and full consideration.

Further information regarding Psychology Practicum Training at the Fargo VA Medical Center may be obtained by calling (701-239-3700 x 9-3125), or e-mailing (Jessica.Dathe@va.gov):

Jessica Dathe, Ph.D.  
 Training Coordinator  
 VA Medical Center (116A)  
 2101 Elm Street  
 Fargo, ND 58102  
 Telephone: 701-239-3700 x 9-3125  
 Fax: 701-237-2642

#### DOCUMENTS AND TRAINING NEEDED IN ORDER TO START PRACTICUM ONCE SELECTED:

- TRAINEE WORKSHEET – [COMPLETE THE TRAINEE WORKSHEET](#)
- CYBER SECURITY – **READ THE [COMPUTER SECURITY AWARENESS TRAINING DOCUMENT](#), TAKE THE [CYBER SECURITY AWARENESS QUIZ](#) AND SIGN THE [RULE OF BEHAVIOR SIGNATURE](#) DOCUMENT.**
- HIPPA – **READ THE [HIPPA TRAINING](#) DOCUMENT PAGES 1-21 AND SIGN PAGE 22.**
- ETHICS TRAINING – **READ THE [ETHICS TRAINING](#) DOCUMENT PAGES 1-2 AND SIGN PAGE 3.**
- FINGER PRINTING FORM - **COMPLETE THE [FINGER PRINTING FORM](#)**
- Proof of up-to-date vaccinations, including screening for tuberculosis and hepatitis B vaccination (or have signed declination waivers)
- OFFICIAL GRADUATE SCHOOL TRANSCRIPTS
- TQCVL (TO BE COMPLETED BY UNIVERSITY DOT)

These documents need to be forwarded to the VA Director of Education by mail, email or fax at least 3 weeks before starting practicum.

- Practicum students may be subject to laws, policies, and guidelines posted for VA staff members. There are infrequent times in which this guidance can change during a training year which may create new requirements or responsibilities for practicum students. If requirements change during the course of a training year, students will be notified of the change and impact as soon as possible and options provided. The VA Training Director for your profession will

provide you with the information you need to understand the requirement and reasons for the requirement in timely manner.

VA conducts drug screening exams on randomly selected personnel as well as new employees. Practicum students are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees. In accord with the Federal Drug-Free Workplace Program, students that are selected may be asked to submit a urine specimen at the beginning of the training year, and other branches of the federal government (Office of Personnel Management) may conduct routine background checks at their discretion. While several states have passed laws permitting medicinal or recreational use of marijuana, it remains a schedule one controlled substance under superseding federal law. Possession of marijuana on federal properties or presenting to work under the influence of marijuana may subject individuals to prosecution and may result in additional adverse civil actions. Applicability of federal law, regulation, and policy governing possession remain in effect even in cases where individuals may have a prescription or other authority recognized under state law. If you have more specific questions regarding eligibility requirements, including drug testing and background checks, please refer to the OPM website

(<https://www.opm.gov/>), as well as this helpful link:

[https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.va.gov%2FOAA%2Fonboarding%2FVHA\\_HPTsDrug-FreeWorkplaceOAA\\_HRA.pdf&data=04%7C01%7C%7Cc5f28f636b43476d5c6808d952a174cb%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C637631676412745848%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjojV2luMzliLCJBTiI6IjEhaWwiLCJXVCI6Mn0%3D%7C1000&sdata=NEIz2LHw1hgxthLj7Xx4OPhuPz%2FV%2BUqLbJOB5jgpK%2Fg%3D&reserved=0\)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.va.gov%2FOAA%2Fonboarding%2FVHA_HPTsDrug-FreeWorkplaceOAA_HRA.pdf&data=04%7C01%7C%7Cc5f28f636b43476d5c6808d952a174cb%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C637631676412745848%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjojV2luMzliLCJBTiI6IjEhaWwiLCJXVCI6Mn0%3D%7C1000&sdata=NEIz2LHw1hgxthLj7Xx4OPhuPz%2FV%2BUqLbJOB5jgpK%2Fg%3D&reserved=0))

PSYCHOLOGY PRACTICUM SUPPLEMENTARY APPLICATION

FARGO VA MEDICAL CENTER

*Please complete the following fields of information.*

Last Name:		First Name:		Graduate Program/University:		Current year in Program:	
Program Degree:		Type of Program (clinical/counseling):		US Citizenship: (Yes: <input type="checkbox"/> No: <input type="checkbox"/> )			
Address:							
City:				State:		Zip:	
Home Phone:			Work Phone:			Cell Phone:	
E-Mail:							
Name of individual writing your letter of readiness for practicum:							
List your coursework relevant to a practicum at our facility:							



Please describe any prior training or practicum experiences:		
I am interested in practicum for the following dates (from when to when?):		
What days of the week and times do you anticipate that you will be available for practicum? And/or, are there any limitation? (days of the weeks or times that you know you will not be available):		
<b>PSYCHOTHERAPY EXPERIENCE</b>		
Modality:	Number of patients:	Comments:
Modality:	Number of patients:	Comments:
Modality:	Number of patients:	Comments:

## FARGO VA PSYCHOLOGY STAFF

Feel free to contact staff by email; they are happy to respond to questions!

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LINDSAY ANDERSON, PH.D, LP (PRONOUNS: HER, SHE)

LINDSAY.ANDERSON5@VA.GOV

Degree: Clinical Psychology

Date: 2012

School: University of Colorado and Colorado Springs

Interests: Aging, Geropsychology, Long-term Care, Alzheimer's Disease & Dementia, Caregiving in Late Life

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JESSICA DATHE, PH.D, LP (PRONOUNS: HER, SHE)

JESSICA.DATHE@VA.GOV

Degree: Clinical Psychology

Date: 2009

School: University of South Dakota

Interests: Psychology Training, Co-Occurring Psychiatric and Substance Use Disorders, Dialectical Behavior Therapy, Posttraumatic Stress Disorder. Evidenced Based Therapy Experience: CBT-D, CPT, DBT, PE, Seeking Safety, Written Exposure Therapy

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KEVIN FIRST, SR. PH.D. LP (PRONOUNS: HE, HIM, HIS)

KEVIN.FIRST@VA.GOV

Degree: Clinical psychology

Date: 1997

School: University of South Dakota

Interests: Forensic psychology, Compensation and Pension Exams, EMDR, CBT, SMI, Couple's Therapy, Native American/American Indian culture

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\* GILLIAN FREEBORN, PSY.D, LP (INTERN CLASS 2012-13; PRONOUNS: HER, SHE)

GILLIAN.FREEBORN@VA.GOV

Degree: Clinical Psychology

Date: 2013

School: Argosy University-Twin Cities

Interests: Psychology Supervisor, Behavioral Health, Pain Management, Palliative Care

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\* STEPHANIE GARCIA, PH.D, LP (INTERN CLASS 2019-20; PRONOUNS: HER, SHE) STEPHANIE.GARCIA1@VA.GOV

Degree: Counseling Psychology

Date: 2021

School: Cleveland State University

Interests: Palliative and Hospice Care, Rehabilitation, Health Psychology, Behavioral Health

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TERESA IMHOLTE, PSY.D, LP (PRONOUNS: HER, SHE)

TERESA.IMHOLTE@VA.GOV

Degree: Clinical Psychology

Date: 2008

School: Illinois School of Professional Psychology at Argosy University

Interests: Administration, Appointed to Associate Chief of Staff, Mental Health, starting December 2021

Interests: Inpatient Mental Health, Dialectical Behavior Therapy, Mindfulness Techniques

Evidenced Based Therapy Experience: PE, CPT, DBT, CBT, Mindfulness, CBT-I

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\* NICOLE JUSTICE, PH.D, LP (INTERN CLASS 2017-2018; PRONOUNS: HER, SHE)

NICOLE.JUSTICE@VA.GOV

Degree: Counseling Psychology

Date: 2018

School: University of Northern Colorado

Interests: Posttraumatic Stress Disorder, General Mental Health, Interpersonal Relationships, Group Psychotherapy

Evidenced Based Therapy Experience: PE, CPT, DBT, CBT, Written Exposure Therapy, Moral Injury

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\* LINDSAY KUJAWA, PH.D, LP (INTERN CLASS 2015-2016; PRONOUNS: HER, SHE)

LINDSAY.KUJAWA@VA.GOV

Degree: Counseling Psychology

Date: 2016

School: University of North Dakota

Interests: Cognitive and Psychological Evaluations, Neuropsychological Screening, Projective Testing/Rorschach,

Posttraumatic Stress Disorder, Childhood and Military Sexual Trauma

Evidenced Based Therapy Experience: EMDR, PE, CBT for Insomnia, ACT for Anxiety, Moral Injury

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CASEY LAWLER, PH.D, LP (PRONOUNS: HER, SHE)

CASEY.LAWLER@VA.GOV

Degree: Clinical Psychology

Date: 2006

School: Washington State University

Interests: Health Behavior Change, Evidence Based Treatments, Cognitive Assessments, Posttraumatic Stress Disorder

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THERESA MAGELKY, PH.D, LP (PRONOUNS: HER, SHE)

THERESA.MAGELKY@VA.GOV

Degree: Counseling Psychology

Date: 2013

School: University of North Dakota

Interests: Posttraumatic Stress Disorder, General Mental Health, Psychological Testing and Evaluations,

Neuropsychological Screening, Post Deployment Mental Health, Childhood and Military Sexual Trauma, Serious and

Persistent Mental Illness, Evidenced Based Therapy Experience: DBT, CBT, CBT-D, CBT-I, EMDR

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KARL NELSON, PH.D, LP (PRONOUNS: HE, HIM, HIS)

KARL.NELSON@VA.GOV

Degree: Clinical Psychology

Date: 2003

School: University of Hawaii at Manoa

Interests: Substance Abuse Treatment, Addictive Disorders, Research Activities

Evidenced Based Therapy Experience: ACT-D, CBT-D, ACT for Anger, Substance Use Disorder, Addictions

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MARGO NORTON, PH.D, LP (PRONOUNS: HER, SHE)

MARGO.NORTON@VA.GOV

Degree: Clinical Psychology

Date: 1998

School: University of North Dakota

Interests: Posttraumatic Stress Disorder, Post Deployment Mental Health, Evidenced Based Therapy, Co-joint Behavior Couple's Therapy for PTSD, PE, CBT-I, Moral Injury, CBT-D, Written Exposure Therapy, CBT for Social Anxiety, GAD and Panic

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JAY PHILLIPPI, PH.D, LP (PRONOUNS: HE, HIM, HIS)

JAY.PHILLIPPI@VA.GOV

Degree: Counseling Psychology

Date: 2011

School: University of North Dakota

Interests: Forensic and Psychological Assessment, Compensation and Pension Exams, Recovery Model, Positive/Strengths Based Psychology

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SCOTT RESSLER, PSY.D, LP (PRONOUNS: HE, HIM, HIS)

SCOTT.RESSLER@VA.GOV

Degree: Clinical Psychology

Date: 2014

School: Minnesota School of Professional Psychology

Interests: Brief Psychotherapy, Psychological Assessment, Behavioral Recovery Outreach

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\* ANNA SPROULL, PH.D, LP (PRONOUNS: HER, SHE)

ANNAMARIE.SPROULL@VA.GOV

Degree: Clinical Psychology

Date: 2022

School: Divine Mercy University

Interests: Mind-body connection, promoting healthy body image, health psychology

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\* SAMANTHA TUPY, PH.D, LP (INTERN CLASS 2017-2018; PRONOUNS: HER, SHE) SAMANTHA.TUPY@VA.GOV

Degree: Clinical Psychology

Date: 2018

School: Idaho State University

Interests: Psychology Training, Neuropsychology and Forensic Assessments, Posttraumatic Stress Disorder, Dual Diagnoses, Reintegration, Health Behaviors (including sexuality/intimacy issues), LGBTQ populations, Research, Evidenced Based Therapy Experience: PE/COPE, CPT, Written Exposure Therapy, CBT-I, Seeking Safety, Moral Injury, DBT skills, Internal Family Systems, CBT-Transdiagnostic, ACT-Transdiagnostic, Grief and Loss



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\* DEVYN VARNER (PRONOUNS: HER, SHE)

DEVYN.VARNER@VA.GOV

Degree: Clinical Psychology

Date: 2022

School: Florida Institute of Technology

Interests: PTSD, Moral Injury, Assessment, Insomnia

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\* INDICATES PAST STUDENTS OF THE FARGO VA INTERNSHIP CLASS

